



# THE LAMBS

Play Fast and Free

## The Lambs RFC

PRESIDENT Mr. Roger Uttley, OBE

CHAIRMAN Mr. Christopher Terry

## The Lambs - First Aid Policy

### Policy

The LAMBS RFC recognises that in physical contact sport, injuries can occur, and it will accordingly seek to ensure that appropriate first aid resources will be available at all games and training sessions.

The LAMBS RFC have adopted the RFU policy on First Aid (Ref. RFU A-Z of Community Rugby) which states:

“It is recommended that all Community Rugby clubs have at least standard first aid equipment and a trained person on match days and during training”

To support this policy, we will:-

- Encourage all our staff/volunteers to achieve minimum of a basic first aid qualification. (Those holding such a qualification must provide proof to: Liz Robson MSc Physiotherapy BSc (Hons) Sport Science MHCP MCSP MACPSEM IRB ICIR level 2.
- Ensure that a qualified first aider attends at all fixtures organised by LAMBS RFC personnel.
- That a basic first aid kit is provided for each team and maintained by the manager as appropriate.
- The National Director is to ensure that a medical treatment room is available, and that access is maintained at each venue for ambulances should they be required.
- It is acknowledged that for potentially serious injuries, the aim of first aid is to keep a player safe until emergency services or appropriate professional attention is available for the casualty.
- Each team manager is responsible to Liz Robson MSc Physiotherapy BSc (Hons) Sport Science MHCP MCSP MACPSEM IRB ICIR level 2 for completing the LAMBS RFC Serious Injury Form as appropriate to ensure that appropriate records of such incidents and accordingly comply with the RFU reporting requirements